



## CAT SUPPLY CHECKLIST

Congratulations on your new family member! Thank you for choosing to adopt a rescue cat. Here's a checklist that we hope will help you and your furry one. Please note that we are not veterinarians, nutritionists, or certified cat behaviorists, so please consult a professional for further questions.

- **Carrier:** Whether it's made of hard plastic or fabric, make sure it's fully secure to prevent escape during transport. Ensure screws or clips are fully tightened. Tie up zippers, since some cats can open zippers from the inside. Cardboard carriers are not recommended.
- **Food:** We feed our cats wet food (Friskies Shreds) in the morning and dry food (Purina One Tender Selects) in the evening. You may transition your cat to your preferred diet over the course of 7 days to prevent an upset stomach. Start with 90% previous food and 10% new food in their dish and increase the amount of new food through the week. We recommend a canned wet or freeze-dried raw diet, since these options are the most biologically appropriate for cats, and provide the necessary moisture in their diet.
- **Food and water bowls:** To prevent whisker fatigue, ensure your bowls are made for cats - they should be shallow and wide. Stainless steel, glass, or ceramic bowls are recommended.
- **Litter:** We recommend Dr. Elsey's (clumping clay), World's Best (eco-friendly) or Sustainably Yours (eco-friendly). We also recommend scooping litter at least 2x a day to ensure your cat keeps using the box and to keep odors at bay.
- **Litter boxes:** Ensure your box is 1.5x the length of your cat. A general guideline is 1 box per cat, plus 1 additional (ex. 2 boxes for 1 cat, 3 boxes for 2 cats, etc.)
- **Litter mat:** We've found that the honeycomb-patterned mats most effectively trap loose litter.
- **Litter scoop**
- **Waste bags/Litter Genie** (optional)

- **Scratching post + scratchers:** These are necessary objects that allow your cat to exercise, stretch and maintain their claws. Choose a post that is sturdy and tall enough to support the weight of your cat. The ones in our lounge are the SmartCat Pioneer Ultimate Scratching Post on Amazon. We recommend sisal scratchers, which best allow cats to maintain their claws. Cardboard scratchers are the most affordable. If your cat doesn't take to the scratchers immediately, try using catnip or a catnip spray as attractants.
- **Toys:** Playtime, enrichment and exercise are mandatory for cats. Interactive toys like **feather wand toys** help get in their daily exercise, and help cement the bond between you and your cat.
- **Catnip:** This plant's leaves are dried and given to cats to help enhance playtime. Some cats lack the gene that lets them react to the oils in catnip, so you may try silvertop, also known as matatabi, as a catnip alternative.
- **Brush:** Keeps hairballs under control and keeps your cat looking his/her best!
- **Nail clipper:** Some cats are extremely difficult when it comes to nail trims. Vets and groomers offer this service at a nominal cost.
- **Collar and ID tag:** All of our cats are microchipped. An ID tag provides immediate contact information should your cat escape.
- **Cat bed** (optional): Many cats are happy to sleep anywhere, and like to co-mingle their scent with their guardian's, which is why they often prefer a human's bed over their own. Cats can be picky about texture, which is why many guardians experience disappointment when they find their cat doesn't use the bed they bought them. Some of our cats love beds, so we can offer you guidance for your cat, based on what we've observed in our lounge.
- **Water fountain** (optional): Many cats don't drink enough water. Some are drawn to moving water, so it may help your cat stay hydrated.
- **Pheromone diffuser** (optional): Some cats get more anxious than others when moving into a new environment. Cats emit pheromones as a way to communicate, and these diffusers emit synthetic pheromones that can help cats calm down. Highly recommended for multi-cat homes; we have one in our cat lounge.

**Happy "tails"! Please contact us should you have any questions:**  
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